

Post 18 Options

Employment Opportunities

Lots of people can help you find Supported Employment, such as:

[Pluss](#)

[Mencp](#)

[MHM](#)

[Evenbreak](#)

Also, schemes such as the [Ways into Work](#) and [Oxford Employment](#) can help you learn the skills needed to get a job. [Optalis](#) will assist young people into finding and sustaining varying levels of paid employment with local employers:

- [Aspire Oxfordshire Community Enterprise Ltd](#)
- [NHS Oxfordshire Talking Therapies](#)
- [Enterprise Oxfordshire](#)

Information on Post-18 options:

<https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16>

Apprenticeships

Apprenticeships are real jobs where you learn, gain experience and get paid. An apprenticeship should give you the skills, knowledge and experience for a chosen career. Apprenticeship vacancies specify entry requirements and any qualities the employer is looking for. You can search for live vacancies and also set up alerts for upcoming apprenticeships opportunities via:

- [Find an Apprenticeship.gov.uk](#)
- [Get My First Job](#)
- [Student Apprenticeships](#)
- [Amazing Apprenticeships](#)

Please also check for local vacancies on college websites, such as:

- [Apprenticeships - Reading College](#)
- [Apprenticeships | West Berkshire Directory](#)
- [Our apprenticeships | Berkshire Healthcare NHS Foundation Trust](#)
- [Apprenticeships - West Berkshire Training Consortium](#)

Reading Borough Council offers lots of different apprenticeships. From mid-level to higher education level: [About our apprenticeships - Reading Borough Council](#)



City of Oxford College offer apprenticeships with employers of all sizes, including some of the biggest brands in the country: [Apprenticeships - City of Oxford College](#)

Explore apprenticeship opportunities at ODS Group: [Apprenticeships — ODS](#)

Abingdon & Witney College offer Award-winning apprenticeship support, recruitment and training, helping apprentices across Oxfordshire: [Apprenticeships - Abingdon & Witney College](#)

Supported Internships

Another option is a supported internship, where you would spend most of your time in the workplace usually for at least 6 months, and you have support from a qualified job coach. You also have a personalised study programme, including the chance to study a relevant qualification, if suitable, and English and Maths to an appropriate level. You need to have an Educational, Health and Care Plan and you may also be eligible for Access to Work Funding: www.gov.uk/access-to-work

Further information on supported internships can be found via:
<https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16#supported-internships>

Route to Recruit can offer supported internships/placements all over Berkshire:
[Route to Recruit Supported Internship programme | West Berkshire Directory](#)

Further information can be found via:

- [Berkshire College of Agriculture](#)
- [Wokingham Borough Council](#)
- [Ways into Work](#)
- [Reading Borough Council](#)
- [Mencap Supported Internships](#)
- [Shaw Trust Supported Internships](#)
- [Supported Internship - City of Oxford College](#)
- [Moving into employment | Oxfordshire County Council](#)

Further Education, Progression into Independence, Work and Life Courses

Lots of young people continue in education as a Post-18 option, on supported courses. Many colleges offer courses with lots of support in the classrooms but also during breaks and lunchtimes:

- [Post 16 learning and training | Oxfordshire County Council](#)
- [Local Offer: education and learning - West Berkshire Council](#)
- [AfCinfo website - Windsor and Maidenhead :: Local Offer / Information and advice / Post-16 education, training and employment / Understanding post-16 education / List of colleges](#)
- [Reading Directory | SEND - Support in school and further education](#)



Abingdon and Witney College help to prepare students for the journey into employment and / or onward study: [Special Educational Needs & Disabilities \(SEND\) - Abingdon & Witney College](#)

Discover programmes for learners with learning difficulties or disabilities:
[SEND - Bracknell and Wokingham College](#)

The Garth Hill SEND and inclusion provision *is* a high level service, which meets with the framework of the SEND Code of Practice: [Garth Hill College - SEND](#)

Newbury College offer a range of courses for students with learning difficulties and/or disabilities:
[Newbury College | West Berkshire Directory](#)

Programmes for learners with learning difficulties or disabilities:
[SEND - Reading College](#)

Waingels welcome students with Special Educational Needs and Disabilities:
[SEND Support - Waingels College](#)

Providing further education in Berkshire for post sixteens as well as training and work experience for people with an EHCP:
[New Meaning Training Berkshire – New Meaning Training](#)

Life and Independent Living

Here are some useful links for helping young people to move on and live independently:

- Help for young people to prepare for adulthood: [Berkshire Opportunities](#)
- National Development Team for Inclusion (NDTI) provides expertise and support to local authorities and their partners to embed preparing for adulthood from the earliest year: [Preparing-for-Adulthood-guide-for-parent-carers-final-small.pdf](#)
- [Achieve Together](#)
- [Berkshire Supported Living Services Berkshire](#)
- [Young Adult accommodation | Prior's Court - Autism Education and Care Charity](#)
- [16+ Semi-Independent Supported Living | Willow Tree Group](#)
- [Supported living - West Berkshire Council](#)
- [Preparing for adulthood - Reading Mencap](#)
- [Preparing for Adulthood V12 68pp - An information guide for parents and carers Jan 24](#)

The Preparing for Adulthood programme will provide knowledge and support to all local authorities and their partners, including families and young people, so they can ensure young people with SEN and disabilities achieve paid work, independent living, good health and community inclusion as they move into adulthood:

- [Oxfordshire County Council](#)
- [Oxfordshire Family Support](#)
- [Young People's Supported Accommodation \(YPSA\) - Oxfordshire Youth](#)
- [Horizon Supported Accommodation for Young People](#)

National Development Team for Inclusion (NDTi) have a range of resources helping young people to prepare for Adulthood. You can find these here:

www.ndti.org.uk/resources/preparing-for-adulthood-all-tools-resources

NHS England have a range of resources, e.g. Ask Listen Do – making conversation count in health, social care and education: www.england.nhs.uk/learning-disabilities/about/ask-listen-do/

Other Useful Resources and Information

- [West Berkshire SENDIASS](#)
- [Wokingham SENDIASS](#)
- [Oxfordshire SENDIASS](#)
- [Reading SENDIASS](#)

16-19 Bursary Fund:

www.gov.uk/1619-bursary-fund

Access to work Scheme:

www.gov.uk/access-to-work

Health Care Travel support scheme through the NHS:

www.nhs.uk/nhs-services/help-with-health-costs/healthcare-travel-costs-scheme-htcs

National Autistic Society:

www.autism.org.uk

Supported employment and job coaching for people with disabilities:

www.maximusuk.co.uk/all-insights

Support with education, skills and work through Mencap:

www.mencap.org.uk/advice-and-support/employment